

Recital Hair Tutorial

(Classic High Ballet Bun)

You will need:

- *Elastic ponytail holders (2)
- *Hair gel
- *Hair spray
- *Bobby pins (lots)
- *Hair nets in the color of your dancer's hair

*Please note that the tutorial below is for the Classic High bun. For the **Classic Medium bun**, the ponytail should be slightly lower, in a shallow diagonal line from the top of the ear. The Medium bun will be slightly lower than the High bun.*

[Video Tutorial HERE](#)

Step 1: Create a Strong, High Ponytail

- ◆ Start by brushing the hair thoroughly.
- ◆ Apply gel around the brow line and neckline to smooth edges.
- ◆ Gather the hair into a high ponytail—aligned diagonally from the top of the ear to the crown—and secure it tightly with a strong elastic.
- ◆ Add a second ponytail holder for extra hold.
- ◆ Spray any flyaways now, focusing on the base of the neck and sideburns.



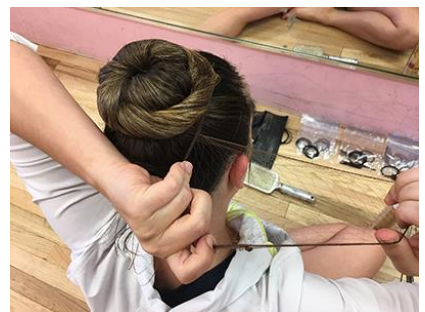
Step 2: Twist, Coil, and Pin the Bun

- ◆ Twist the ponytail to create a firm rope—**do not use a bun doughnut**.
- ◆ Begin coiling the twist flat around the base of the pony, forming a smooth, cinnamon roll shape. The bun should lie flat against the head, not stick up like a knob.
- ◆ Secure sections of the bun with bobby pins *as you go*—don't wait until the bun is fully coiled.
- ◆ Insert bobby pins with the **bumpy side down** (toward the scalp) for better grip.
- ◆ Use an “up-and-over” pinning motion to lock the bun in place more securely.



Step 3: Cover the Bun with a Hair Net

- ◆ Stretch the hair net and place it over the bun.
- ◆ Twist the net and wrap it around the bun again—repeat until snug.
- ◆ Tuck the final bit of net under the bun and secure with a few bobby pins.
- ◆ Keep extra hair nets in your kit—they can tear or lose elasticity after 1–2 uses.



Step 4: Attach Headpiece & Final Touches

- ◆ Secure the costume headpiece using several bobby pins as directed in the Costume + Hair Requirement sheet.
- ◆ Shake your head gently to make sure the headpiece stays in place.
- ◆ Smooth any remaining bumps or flyaways with more gel or hairspray for a polished, “onion skin” finish.
- ◆ For short hairs that don't reach the ponytail, pin them flat using bobby pins in an X shape. There should be no hair on the neck.

