

## **Nutcracker Hair Tutorial:** **BLOCKS** (2 ballet buns - “MICKEY MOUSE EARS”)

You will need:

- \*Elastic pony tail holders (4)
- \*Hair gel
- \*Hair spray
- \*Bobby pins (lots)
- \*Hair nets in the color of your dancer’s hair (several)



### **Step One: Create Two Strong Pony Tails**

- \* brush hair, part down the middle to make two sections
- \* gel around the brow and neckline, then gather each section into its own pony tail using an elastic pony tail holder
- \* pony tails should be 3/4 up the head, so buns will be placed like MICKEY MOUSE EARS, NOT LIKE PRINCESS LEIA
- \* add an extra pony tail holder to each pony tail to make it tight
- \* spray all fly-aways now, especially at the base of the neck



### **Step Two: Twist, Coil, and Pin As You Go**

- \* twist one pony tail to make it hold together
- \* begin coiling the pony tail around the elastic, making a flat cinnamon bun shape on the head
- \* secure with bobby pins as you go -- don’t try to get the whole bun made before you start pinning
- \* bobby pins work best with the bumpy side toward the head, flat side up
- \* use “up-and-over” reverse motion with the pins for extra security
- \* repeat for the other pony tail



### **Step Three: Secure with a Hair Net**

- \* twist a hair net over each bun until it is tight
- \* pin into place with a few bobby pins
- \* hair nets may only last for one or two uses or may break during practice so have several of them in your kit



### **Step Four: Final Slick and Spray for the “ONION SKIN LOOK”**

- \* use hair spray or more hair gel to slick down and spray any remaining fly-aways or bumps
- \* if there are chunks of hair that do not reach into the pony tail use bobby pins in X formations to flatten these to the head

